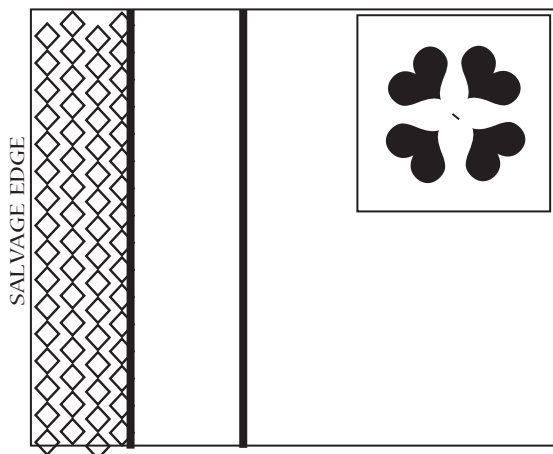
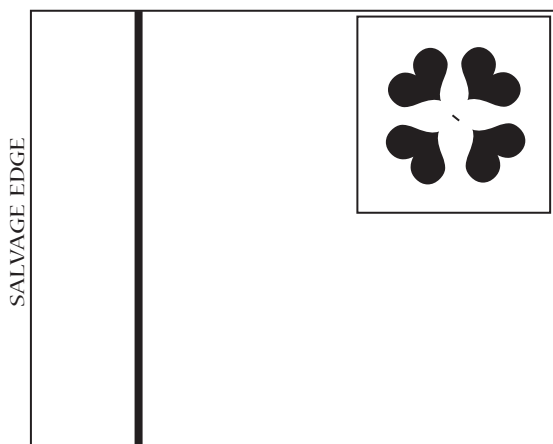
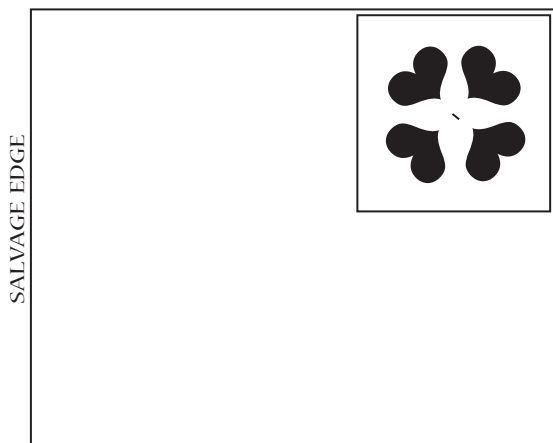
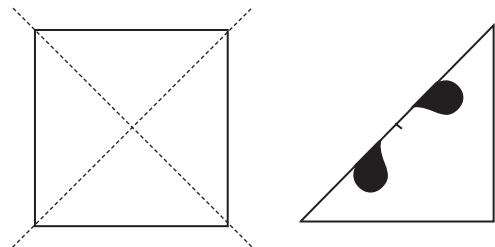
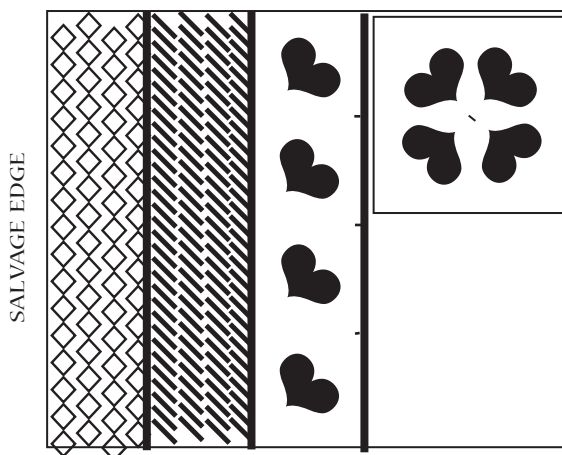


# FOUR HEARTS TABLE TOPPER

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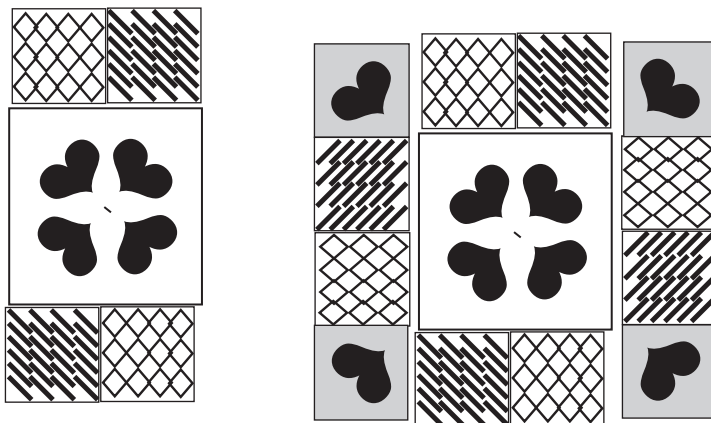
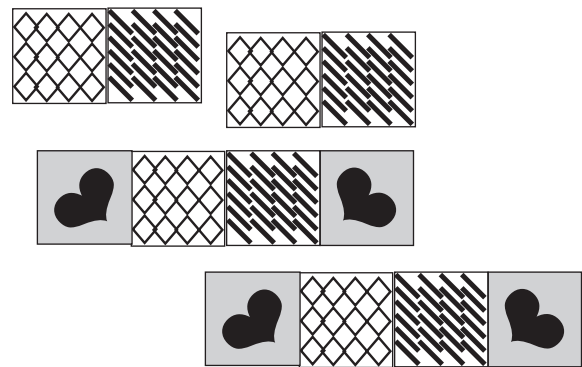
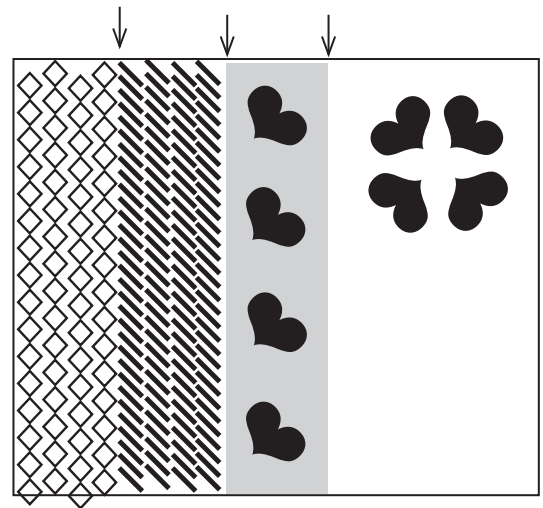
- 1 - cut one 8" square of freezer paper
  - 2 - fold in half on the diagonal, open and fold the other direction on the diagonal · See diagram
  - 3 - mark the center (where the diagonal folds cross) with an "X"
  - 4 - re-fold in half on the diagonal and mark the hearts, cut the hearts out while paper is folded · See diagram
  - 5 - re-fold in half on the other diagonal and mark the hearts, cut the hearts out while paper is folded
  - 6 - fuse this square of freezer paper with the hearts cut out in one of the corners of the fat quarter · See diagram
  - 7 - using a stencil brush - paint the hearts!
  - 8 - on the other end of the fat quarter place a piece of masking tape 4 1/2" from the edge · see diagram.
  - 9 - do a rubbing along that 4 1/2" strip of fabric using only one color of paintstik
  - 10 - move masking tape over, on top of the rubbing you just completed, so the tape just covers the edge of the rubbing
  - 11 - place another piece of masking tape 4 1/4" away from the edge of the first piece of tape · see diagram
  - 12 - do a rubbing along that 4 1/4" strip of fabric using a different color of paintstik from the previous strip
  - 13 - move masking tape over, on top of the rubbing you just completed, so the tape just covers the edge of the rubbing
  - 14 - place another piece of masking tape 4 1/4" away from the edge of the second piece of tape, place a pencil mark every 4 1/2" along the piece of masking tape · see diagram
  - 15 - place the four hearts you cut out of the freezer paper on the 4 1/4" strip of fabric, spacing them so you will be able to cut out 4 1/4" squares, then fuse them down and do a rubbing over and around the hearts.
- After the rubbing is completed, soften the rubbed images by using your stencil brush and gently brushing over the rubbings
- 16 - remove the freezer paper and the masking tape



17 - After the paint dries, you must heat set the paint to make it permanent. This can be done with an iron or a clothes dryer. To heat set with an iron: Place your fabric paint-side down on a sheet of brown kraft paper. Set your iron to a temperature appropriate for the fabric and press each section of the fabric for 10-15 seconds. To heat set in a clothes dryer: After the paintstik color has dried (if you rub your finger on the paint you should have NO paint color on your finger) place fabric in a hot clothes dryer for 30 minutes.

### Construct your table topper:

- 1 - cut rubbed strips 4 1/4" wide. then subcut into 4 1/4" x 4 1/4" squares. Take care to center each of the hearts into the square when you are cutting.
- 2 - cut the group of four brushed hearts that you did in the first part of the painting process into an 8" x 8" square. Take care to center the heart images.
- 3 - you will alternate each of the squares around the edge of your center square - see diagram. Use 1/4" seams when joining blocks together.
- 4 - piece two squares together, for a total of 4 sets. On two sets you will join a heart square to each end of the strip - see diagram.
- 5 - then join to center block - see diagram
- 6 - layer with backing and batting, quilt as desired. Bind using leftover fabric from your stash!



**Enjoy!**

