

CONEFLOWER FUN • Six Hour Class

DESCRIPTION:

You will learn how to paint with paintstiks! We will be using the Coneflower pattern in class, learning how to paint the “drop shadow” boxes using freezer paper and masking tape. Using only one brush we will paint the large coneflower. This is a whole cloth pattern, all the work you see is done with paint, there is NO piecing for this quilt.

SUPPLY LIST FOR STUDENTS:

Coneflower Pattern (Cedar Canyon Textiles #503)

Paintstiks - 5-6 colors as you choose or as specified on pattern

40” long x 18” wide freezer paper

Pencil and paper scissors

12” x 3” ruler (larger is OK - just not smaller)

A few straight pins

Masking tape or blue painters tape

Paper plates

Paper toweling

Small dull paring knife or vegetable peeler

3-4 small stencil brushes

1/2 or 3/4” stencil brush

1 yard of fabric that has been washed and pressed (with NO softeners used in washer or dryer),

fabric suggestion: a lighter color, tone on tone

For fabric preparation: trim the non-salvage edges to form a rectangle -

so the edges are straight - not torn - there is no need to trim the salvages unless they pucker...

NO SEWING MACHINE NEEDED!

Irons - prefer to have 1 iron for every 2-4 people in class

Bags for waste at each work station

Ziplock bags (3-6 sandwich bags - for storing used paintstiks and brushes to return home)

Baby Wipes with lanolin (helps to remove paintstiks from hand) Nancy will have available in classroom.

NOTE TO TEACHER: Follow step-by-step pattern directions. It saves a lot of time to provide precut freezer paper squares & frames. (Just layer 3 pieces of freezer paper and touch with iron to “fuse” together, then cut the squares & frames according to pattern directions. When doing the shadow boxes have students work in teams and help each other with that step, or have 1/2 of class do the shadow boxes and other 1/2 of class trace and cut their large coneflower.

DEMONSTRATIONS: stenciling of shadow boxes and blending of colors, sweeping strokes for petals of coneflower, masking stencil for medium coneflower, rotation of small coneflower.

CLASS OUTLINE:

15 Min. • Welcome: review what we’re going to do in class and explanation of steps

45 Min. • Fabric Prep: Mark 3” from top salvage edge and press. Mark and press 4” from left side.

Use warm iron to “warm” freezer paper pieces and they will release from each other quite easily!

Shadow Boxes: Position and fuse square of freezer paper position and fuse frame. Measure fuse 2nd & 3rd square and frame.

15 Min. • Color Choices: Decide on palette of colors to use for coneflowers and organize in a color way that flows nicely for you.

You can use all or just some of these colors to make the “drop shadow”. Pick the colors that will really show up on your fabric to make the drop shadow. FOR EXAMPLE: Pink, turquoise, blue, purple and green are colors for the entire coneflower, but pink was not used to paint the shadow boxes.

1 Hour • Paint Shadow Boxes: Paint all three drop shadows for the boxes with the same color way. Gently remove frame of freezer paper, and repress square of freezer paper if needed. Place masking tape 1/8” away from freezer paper square on all four sides and paint using same colors as in drop shadow. Remove masking tape and freezer paper and admire your work!

30 Min. • Large Coneflower: Trace large coneflower on 40” piece of freezer paper. Cut out. Position freezer paper coneflower on fabric. Use a piece of masking tape along the right hand side so you know how far to paint the coneflower petals.

1 hour & 30 minutes • Paint Large Coneflower: Paint petals, cleaning brush between colors in the head of the coneflower.

1 hour & 45 minutes • Medium Coneflower in bottom shadow box: Use masking tape to mask off painted shadow box areas. Repeat the same procedure for the center shadow box, using a very light touch for the shadow of the large coneflower.

If you are careful you will be able to move the stencil with the masking tape in place and then reposition it on the center shadow box. The head of the coneflower for the bottom and the center shadow boxes can be done after the petals are painted.

- Small Coneflower in top shadow box
- Middle shadow box

Fold or roll piece carefully with paper toweling between painted surfaces - so paint doesn't touch paint!